

World United Amateure Powerlifting

Bench and Powerlifting
Tlak na lavičke / Silový trojboj

UAP MASTERS' VZOREC

McCullough

*Ženy aj muži majú samostatnú tabuľku Reshel Koeficientov .

| MASTERS' Vekový koeficient | | | | | | | |
|----------------------------|-------|-----|-------|-----|-------|-----|-------|
| MAM | | | | | | | |
| Vek | Koef. | Vek | Koef. | Vek | Koef. | Vek | Koef. |
| 40 | 1,000 | | | | | | |
| 41 | 1,005 | 51 | 1,168 | 61 | 1,410 | 71 | 1,740 |
| 42 | 1,014 | 52 | 1,187 | 62 | 1,440 | 72 | 1,780 |
| 43 | 1,028 | 53 | 1,207 | 63 | 1,470 | 73 | 1,820 |
| 44 | 1,044 | 54 | 1,228 | 64 | 1,501 | 74 | 1,860 |
| 45 | 1,060 | 55 | 1,250 | 65 | 1,533 | 75 | 1,900 |
| 46 | 1,078 | 56 | 1,273 | 66 | 1,565 | 76 | 1,940 |
| 47 | 1,096 | 57 | 1,297 | 67 | 1,597 | 77 | 1,980 |
| 48 | 1,114 | 58 | 1,322 | 68 | 1,630 | 78 | 2,020 |
| 49 | 1,132 | 59 | 1,350 | 69 | 1,664 | 79 | 2,060 |
| 50 | 1,150 | 60 | 1,380 | 70 | 1,700 | 80 | 2,100 |

Vzorec : (LT) x (RBC) x (MAM) = (PN)
LT - Pretekárov Total
RBC - Koeficient Reshel *
MAM - Masters' Vekový Koeficient
PN - Výsledný koeficient McCullough