

United Powerlifter

Bankdrücken und Kraftdreikampf

Reshelformel für Damen in kg Reshel for Women

40,00	3,145	60,00	1,783	80,00	1,497	100,00	1,362
40,25	3,106	60,25	1,776	80,25	1,494	100,25	1,361
40,50	3,067	60,50	1,770	80,50	1,492	100,50	1,360
40,75	3,030	60,75	1,764	80,75	1,490	100,75	1,359
41,00	2,985	61,00	1,757	81,00	1,488	101,00	1,359
41,25	2,950	61,25	1,751	81,25	1,485	101,25	1,358
41,50	2,915	61,50	1,745	81,50	1,483	101,50	1,357
41,75	2,882	61,75	1,740	81,75	1,481	101,75	1,356
42,00	2,849	62,00	1,736	82,00	1,479	102,00	1,355
42,25	2,817	62,25	1,730	82,25	1,477	102,25	1,354
42,50	2,786	62,50	1,725	82,50	1,475	102,50	1,353
42,75	2,759	62,75	1,720	82,75	1,473	102,75	1,352
43,00	2,732	63,00	1,715	83,00	1,471	103,00	1,351
43,25	2,706	63,25	1,711	83,25	1,469	103,25	1,350
43,50	2,681	63,50	1,707	83,50	1,466	103,50	1,349
43,75	2,656	63,75	1,703	83,75	1,464	103,75	1,348
44,00	2,632	64,00	1,698	84,00	1,462	104,00	1,348
44,25	2,608	64,25	1,694	84,25	1,460	104,25	1,347
44,50	2,584	64,50	1,690	84,50	1,457	104,50	1,346
44,75	2,564	64,75	1,686	84,75	1,455	104,75	1,345
45,00	2,545	65,00	1,681	85,00	1,453	105,00	1,344
45,25	2,522	65,25	1,676	85,25	1,451	105,25	1,343
45,50	2,500	65,50	1,672	85,50	1,449	105,50	1,342
45,75	2,481	65,75	1,668	85,75	1,447	105,75	1,341
46,00	2,463	66,00	1,664	86,00	1,445	106,00	1,340
46,25	2,442	66,25	1,660	86,25	1,443	106,25	1,339
46,50	2,421	66,50	1,655	86,50	1,442	106,50	1,338
46,75	2,404	66,75	1,651	86,75	1,440	106,75	1,338
47,00	2,387	67,00	1,647	87,00	1,439	107,00	1,337
47,25	2,367	67,25	1,643	87,25	1,437	107,25	1,336
47,50	2,347	67,50	1,639	87,50	1,436	107,50	1,335
47,75	2,331	67,75	1,634	87,75	1,434	107,75	1,334
48,00	2,315	68,00	1,631	88,00	1,433	108,00	1,333
48,25	2,296	68,25	1,627	88,25	1,431	108,25	1,332
48,50	2,278	68,50	1,623	88,50	1,429	108,50	1,331
48,75	2,262	68,75	1,620	88,75	1,428	108,75	1,331
49,00	2,247	69,00	1,618	89,00	1,427	109,00	1,330
49,25	2,230	69,25	1,615	89,25	1,425	109,25	1,329
49,50	2,212	69,50	1,612	89,50	1,424	109,50	1,328
49,75	2,198	69,75	1,608	89,75	1,422	109,75	1,327
50,00	2,188	70,00	1,605	90,00	1,420	110,00	1,326
50,25	2,174	70,25	1,601	90,25	1,418	110,25	1,325
50,50	2,160	70,50	1,598	90,50	1,417	110,50	1,324
50,75	2,146	70,75	1,595	90,75	1,415	110,75	1,323
51,00	2,132	71,00	1,592	91,00	1,414	111,00	1,323
51,25	2,119	71,25	1,589	91,25	1,412	111,25	1,322
51,50	2,105	71,50	1,586	91,50	1,411	111,50	1,321
51,75	2,092	71,75	1,583	91,75	1,409	111,75	1,320

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Reshelformel für Damen in kg Reshel for Women

52,00	2,079	72,00	1,580	92,00	1,408	112,00	1,319
52,25	2,066	72,25	1,577	92,25	1,407	112,25	1,319
52,50	2,053	72,50	1,574	92,50	1,405	112,50	1,318
52,75	2,041	72,75	1,571	92,75	1,404	112,75	1,318
53,00	2,028	73,00	1,567	93,00	1,403	113,00	1,318
53,25	2,016	73,25	1,564	93,25	1,401	113,25	1,318
53,50	2,004	73,50	1,561	93,50	1,400	113,50	1,317
53,75	1,992	73,75	1,558	93,75	1,398	113,75	1,317
54,00	1,984	74,00	1,555	94,00	1,397	114,00	1,316
54,25	1,974	74,25	1,552	94,25	1,395	114,25	1,316
54,50	1,963	74,50	1,549	94,50	1,394	114,50	1,315
54,75	1,953	74,75	1,546	94,75	1,392	114,75	1,315
55,00	1,942	75,00	1,543	95,00	1,391	115,00	1,314
55,25	1,932	75,25	1,541	95,25	1,389	115,25	1,314
55,50	1,923	75,50	1,539	95,50	1,388	115,50	1,313
55,75	1,914	75,75	1,536	95,75	1,386	115,75	1,313
56,00	1,905	76,00	1,534	96,00	1,385	116,00	1,312
56,25	1,896	76,25	1,531	96,25	1,383	116,25	1,312
56,50	1,887	76,50	1,529	96,50	1,382	116,50	1,311
56,75	1,878	76,75	1,526	96,75	1,380	116,75	1,311
57,00	1,869	77,00	1,524	97,00	1,379	117,00	1,310
57,25	1,860	77,25	1,521	97,25	1,377	117,25	1,310
57,50	1,852	77,50	1,519	97,50	1,376	117,50	1,309
57,75	1,845	77,75	1,517	97,75	1,375	117,75	1,309
58,00	1,838	78,00	1,515	98,00	1,374	118,00	1,309
58,25	1,830	78,25	1,512	98,25	1,373	118,25	1,308
58,50	1,821	78,50	1,510	98,50	1,371	118,50	1,308
58,75	1,815	78,75	1,508	98,75	1,370	118,75	1,307
59,00	1,808	79,00	1,506	99,00	1,368	119,00	1,307
59,25	1,802	79,25	1,503	99,25	1,366	119,25	1,307
59,50	1,795	79,50	1,501	99,50	1,365	119,50	1,306
59,75	1,789	79,75	1,499	99,75	1,364	119,75	1,306